

Sterling Bank Veteran Joins Board of Metropolitan Commercial in N.Y.

By [Jacob Passy](#)

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Metropolitan Commercial Bank in New York has named Dale Fredston, a former general counsel at Sterling Bancorp in Montebello, N.Y., to its board of directors.

Fredston has also worked for Banc of America Finance Corp. Her "experience in risk management, commercial transactions, banking and securities regulation, and corporate law will be an invaluable asset to Metropolitan Commercial Bank as we continue to expand our presence in New York City and Long Island," Metropolitan Commercial's president and chief executive, Mark DeFazio, said in a press release Thursday.



Before joining the board of the \$909 million-asset Metropolitan, Fredston was executive vice president and general counsel at Sterling Bancorp and Sterling National Bank.

She has also held counsel positions at First Constitution Financial Corp. and Manufacturers Hanover Trust Co.